

Resources for Talking to Children about Race, Racism, and Civil Unrest

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Created by: Optum Health <https://www.optum.com/>

Name:	VIDEO: WHY WE NEED TO TALK TO CHILDREN ABOUT RACE AND DIFFERENCE (TEDX TALKS)
Web Site URL:	https://www.youtube.com/watch?v=jEHkfcnqx1c
Services:	Elizabeth "Biz" Lindsay-Ryan discusses the importance of talking to children about race, differences, and privilege. Video offers tips for navigating these conversations with children of varying ages.

Name:	WEB ARTICLE: HOW TO TALK TO YOUR CHILDREN ABOUT PROTESTS AND RACISM (CNN)
Web Site URL:	https://www.cnn.com/2020/06/01/health/protests-racism-talk-to-children-wellness
Services:	Web article about how to talk to children about racism and the protests and riots that followed the death of George Floyd. Article offers tips for speaking to children of different age levels ranging from infants through teens.

Name:	WEB ARTICLE: HOW TO TEACH YOUR KIDS TO FIGHT HATE AN AGE-BY-AGE GUIDE (PARENTS)
Web Site URL:	https://www.parents.com/parenting/better-parenting/advice/how-to-teach-your-kids-to-fight-hate-an-age-by-age-guide
Services:	Web article about how to talk about racism with children and how to raise children that appreciate the differences among people. Article offers tips for speaking to children of different age levels ranging from infants through teens.

Name:	WEB ARTICLE: TALKING TO KIDS ABOUT TRAGIC EVENTS OR CIVIL UNREST (WENTZVILLE SCHOOL DISTRICT)
Web Site URL:	Wentzville.k12.mo
Services:	Web article about how to talk to children about tragic events and civil unrest.

Name:	WEB ARTICLE: HOW TO TALK TO KIDS ABOUT VIOLENCE, CRIME, AND WAR (COMMON SENSE MEDIA)
Web Site URL:	https://www.common SenseMedia.org/blog/how-to-talk-to-kids-about-violence-crime-and-war
Services:	Web article about how to talk to kids about violence, crime, and war. Article offers tips for speaking to children of different age levels ranging from toddlers through teens.

Name:	VIDEO CLIP: HOW TO TALK TO YOUR KIDS ABOUT CIVIL UNREST (WGN NEWS)
Web Site URL:	https://youtu.be/bjoxQ9Qy8OE
Services:	Video clip featuring an educational psychologist discussing how to talk to children about the protests and riots that followed the death of George Floyd.

Name:	WEB ARTICLE: HOW TO TALK TO KIDS ABOUT RACE AND RACISM
Web Site URL:	https://www.parenttoolkit.com/social-and-emotional-development/advice/social-awareness/how-to-talk-to-kids-about-race-and-racism
Services:	Web article about talking to school-aged children about race, racism, and being an advocate.

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